

COVID-19 AND VACCINATIONS

Due to **Covid-19 pandemic**, the app has now a specific section regarding useful information on prevention and vaccines.

Remember the **three golden rules to protect your and everyone else's health:**

- **Wash your hands**
- **Use your face mask properly**
- **Keep the safety distance**

Access useful information on
Covid-19 vaccination
Find out more about
digital COVID certificate



Regione Toscana



I.C.A.R.E — LEARN ABOUT HEALTH PROGRAMMES



The app was created within the European project **I.C.A.R.E.** The project coordinator is the **Region Emilia Romagna**, in cooperation with the Regions **Lazio, Sicily and Tuscany**. The project is co-financed by the EU Asylum, Migration and Integration Fund.

CONNECT TO THE WEB APP
icare.sanita.toscana.it/en

An APP that speaks your language

English Français Español Bambara
বাংলা हिन्दी پیدجین انگلیش اردو

and helps you find everything you need to know about the **care programmes** in the counselling centres near you



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mc
management sanità

ISTITUTO
DI FORMAZIONE
San'Anna
Scuola Universitaria di Teologia

The ICARE app improves the access to Local Health Services for international protection applicants, beneficiaries and special cases ("casi speciali").

It also guides them through the care programmes available in counselling centres.

FIND OUT WHICH

CARE PROGRAMMES

YOU CAN ACCESS WITHIN

COUNSELLING SERVICES



Find your referring Local Health Agency (Azienda USL)

Choose the province and the municipality where you live

Pisa

Your area-district is Pisanina
In the Local Health Agency (Azienda USL) Usi Toscana Nord Ovest

GO TO FAMILY COUNSELLING SERVICES



ACTIVE PATHS

Counselling centres offer free and direct-access services regarding reception, support and care to safeguard and promote health.

Counselling centres offer the following programmes to women, minors and grown-up men in psychophysical distress:



Birth Programme



Contraception



Psychosocial discomfort



Violence and Abuse



Female Genital Mutilation



Voluntary Interruption of Pregnancy



Sexually Transmitted Diseases



Prevention and promotion of healthy lifestyles



Screening for oncological pathologies



Parenting



Youth



COVID-19 Prevention

REGULATIONS

Find out which healthcare coverage you are entitled to based on your legal status

GLOSSARY

Discover useful words to better manage your health and the health of your family.

In simplified Italian, to understand the language used within health services.

