

## COVID-19

## AND VACCINATIONS

Due to **Covid-19 pandemic**, the app has now a specific section regarding useful information on **prevention and vaccines**.

**Remember the three golden rules to protect your and everyone else's health:**

- *Wash your hands*
- *Use your face mask properly*
- *Keep the safety distance*

Access useful information on

**Covid-19 vaccination**

Find out more about

**digital COVID certificate**



Regione Toscana



Co-funded by Asylum,  
Migration and Integration Fund  
of the European Union

The app was created within the European project **I.C.A.R.E.**. The project coordinator is the **Region Emilia Romagna**, in cooperation with the **Regions Lazio, Sicily and Tuscany**. The project is co-financed by the **EU Asylum, Migration and Integration Fund**.

**CONNECT TO THE WEB APP**

**[icare.sanita.toscana.it/en](https://icare.sanita.toscana.it/en)**



**I.C.A.R.E**

**LEARN ABOUT**

**HEALTH PROGRAMMES**

**An APP that speaks your language**

English

Français

Español

العربية

Bambara

বাংলা

हिंदी

Pidgin English

اردو

and helps you find everything you need to know about the **care programmes** in the counselling centres near you



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The **ICARE** app **improves the access to Local Health Services** for international protection applicants, beneficiaries and special cases ("casi speciali"). It also **guides them through the care programmes** available in counselling centres.

#### FIND OUT WHICH

### CARE PROGRAMMES

#### YOU CAN ACCESS WITHIN

### COUNSELLING SERVICES



#### Find your referring Local Health Agency (Azienda USL)

Choose the province and the municipality where you live

Pisa



Pisa



Your area-district is **Pisana**

In the Local Health Agency (Azienda USL) **Usl Toscana Nord Ovest**

**GO TO FAMILY COUNSELLING SERVICES**



#### LEARN ABOUT

the counselling centres you can access **within your Health Agency** and **where they are located**.

### ACTIVE PATHS

Counselling centres offer **free and direct-access services** regarding **reception, support and care to safeguard and promote health**.

Counselling centres offer the **following programmes to women, minors and grown-up men** in psychophysical distress:



Birth Programme



Contraception



Psychosocial discomfort



Violence and Abuse



Female Genital Mutilation



Voluntary Interruption of Pregnancy



Sexually Transmitted Diseases



Prevention and promotion of healthy lifestyles



Screening for oncological pathologies



Parenting



Youth



COVID-19 Prevention

### REGULATIONS

Find out which **healthcare coverage you are entitled to** based on your legal status



### GLOSSARY

Discover **useful words** to better manage your health and the health of **your family**.

#### In simplified Italian.

to understand the language used within health services.

